

Administration of over-the-counter medications

The Camp Cadet nurse will have the following medications available. Please sign below granting your permission for any/all to be administered IF NEEDED.

Allergic reaction

Diphenhydramine: Adults and children 12 years of age or older, 25 mg. every 4-6 hours

Burns

First Aid Cream (minor burns only)

Chapped lips/minor mouth irritations

Blistex/chap stick/carmex

Cuts/Abrasions

Cleanse area with soap and water, first aid cream or triple antibiotic ointment if needed

Cough

Cough drops

Discomfort/Headache

Acetaminophen: tablet/chewable per label weight and/or dosage instructions

Ibuprofen: tablet/chewable per label weight and/or dosage instructions

Eye irritation

Sterile eye wash, saline solution rinse

Insect bites/stings

Sting Kill, calamine lotion

Minor skin irritation

Calamine, first aid cream or hydrocortisone cream

Sore throat

Sore throat lozenges

Upset stomach

Antacids (Tums), 1-2 tablets

Toothache

Ora-gel or Anbesol

Protection from insect bites

Insect repellent spray

Protection from sun burn

Sun screen

CADET NAME: _____

PARENT/GUARDIAN NAME: _____

SIGNATURE: _____

Date: _____

(Return)